




SBRC Gym Schedule

June 29th-July 5th

SBRC will be CLOSED on Saturday, July 4th

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday							
6:00am	Open Gym 6:00-9:00		Open Gym		Open Gym 6:00-8:50		Open Gym		Open Gym 6:00-12:00		4th of July Holiday SBRC and NBRC CLOSED EBCC Open 8:00am- 1:30pm									
6:30am			Bootcamp 6:30-7:30				Bootcamp 6:30-7:30													
7:00am			Complete Conditioning 7:30-8:30				Complete Conditioning 7:30-8:30													
7:30am																				
8:00am																				
8:30am																				
9:00am	Boulder Lift 9:00-10:00		Drop-in Total Body Fitness 8:50-9:50		Boulder Lift 9:00-10:00		Drop-in Total Body Fitness 8:50-9:50		Drop-in Adult Basketball 8:00-11:00											
9:30am																				
10:00am	Open Gym 10:00-12:00		Open Gym 9:50-11:30		Open Gym 10:00-12:00		Open Gym 9:50-11:30						Open Gym 11:00-2:00							
10:30am																				
11:00am																				
11:30am																				
12:00pm	Drop-in Sprts Conditioning 12:00-1:00		Drop-in Adult Basketball 11:30-1:30		Drop-in Sprts Conditioning 12:00-1:00		Drop-in Adult Basketball 11:30-1:30													
12:30pm																				
1:00pm					Adult Bball 1:00-2:30															
1:30pm	Camp 1:30- 4:30		Pickle- ball 1:30- 3:30		B-Ball Camp 1:30- 4:30		Camp 2:30- 4:30		B-Ball Camp 1:30- 4:30		Drop-in Pickleball 1:30-3:30		Camp 1:30- 4:30							
2:00pm																				
2:30pm																				
3:00pm																				
3:30pm																				
4:00pm																				
4:30pm	Open Gym 4:30-6:00		Open Gym 4:30-8:30		Open Gym 4:30-6:00		Open Gym 4:15-8:30		Camp 3:30-4:30		Open Gym 1:00- 5:00		Camp 1:30- 4:30							
5:00pm																				
5:30pm																				
6:00pm																				
6:30pm																				
7:00pm																				
7:30pm	Drop-in Pickleball 6:00-8:15		Open Gym 4:30-8:30		Drop-in Pickleball 6:00-8:15		Drop-in Badminton 5:00-6:45		V-ball Rental 5:45- 8:15											
8:00pm																				
8:30pm																				
9:00pm																				
9:30pm																				

GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to <http://www.boulderparks-rec.org>